

SPRING DUATHLON 2010 LONG COURSE RESULTS

ORGANISED BY THE PORTSMOUTH
TRIATHLETES

18TH APRIL 2010 4KM / 40KM / 8KM

Race Posn	Cat		Name	Team	Run 1		Bike		Run 2		Total Time
	Type	Pos.			Time	Pos	Time	Pos	Time	Pos	
1	M	1	Philip Mosley	Unattached	0:13:28	(3)	0:55:20	(3)	0:28:20	(1)	1:37:08
2	M	2	Nathan Gosling	RNRMTri	0:13:08	(2)	0:56:41	(4)	0:28:20	(1)	1:38:09
3	M	3	Paul Davies	Panasonic / Scott	0:13:49	(4)	0:55:19	(2)	0:29:52	(3)	1:39:00
4	M	4	Mark Edwards	Hillingdon Triathletes	0:14:17	(6)	0:54:19	(1)	0:31:18	(7)	1:39:54
5	M	5	John Stoddart	Uni of Bath tri	0:13:54	(5)	0:59:43	(7)	0:30:01	(4)	1:43:38
6	MV	1	Owen Harries	Team Southampton	0:14:59	(10)	0:58:45	(6)	0:30:08	(6)	1:43:52
7	MV	2	Peter Younghusband	Unattached	0:15:01	(11)	0:57:41	(5)	0:31:58	(9)	1:44:40
8	MV	3	Robert Brown	Unattached	0:14:50	(9)	1:01:45	(11)	0:30:03	(5)	1:46:38
9	MV	4	Kevin Bailey	Dorking AC	0:14:26	(7)	1:01:10	(10)	0:31:38	(8)	1:47:14
10	M	6	Steven Dequinney	Tri -Motion	0:15:42	(15)	0:59:58	(8)	0:32:53	(13)	1:48:33
11	M	7	Steven Ede	Unattached	0:12:08	(1)	1:05:45	(27)	0:32:02	(10)	1:49:55
12	M	8	Simon King	Tuff Fitty	0:14:46	(8)	1:03:37	(20)	0:32:11	(11)	1:50:34
13	MV	5	Richard Vaudin	Redmon CC	0:15:40	(14)	1:01:50	(12)	0:34:18	(21)	1:51:48
14	M	9	Leigh Saunders	TriTalk	0:15:12	(12)	1:03:15	(17)	0:33:34	(17)	1:52:01
15	MV	6	Mark Tyler	Steining AC	0:16:13	(18)	1:02:40	(16)	0:33:34	(18)	1:52:27
16	M	10	Emyr Morgan	Team Southampton	0:16:33	(20)	1:03:51	(21)	0:32:49	(12)	1:53:13
17	MV	7	Paul Morris	Unattached	0:17:03	(24)	1:03:27	(18)	0:32:53	(14)	1:53:23
18	M	11	Glenn Hatrick	greenwich tritons	0:15:22	(13)	1:04:58	(25)	0:33:32	(16)	1:53:52
19	MV	8	David Patten	Unattached	0:17:20	(31)	1:00:27	(9)	0:36:19	(27)	1:54:06
20	MV	9	Martin Nobbs	Portsmouth Triathletes	0:16:06	(16)	1:04:21	(23)	0:34:02	(19)	1:54:29
21	MV	10	Mark Hughes-Jones	Unattached	0:16:56	(21)	1:03:36	(19)	0:34:03	(20)	1:54:35
22	M	12	John Aston	Unattached	0:17:18	(30)	1:02:11	(15)	0:37:58	(31)	1:57:27
23	F	1	Rachel Clay	Unattached	0:16:13	(18)	1:06:33	(30)	0:34:54	(22)	1:57:40
24	M	13	Bruce Rendall	Unattached	0:17:33	(35)	1:05:17	(26)	0:35:57	(25)	1:58:47
25	M	14	Thomas Bransby-Zachary	Unattached	0:17:07	(25)	1:06:16	(29)	0:36:19	(27)	1:59:42
26	M	15	Christian Rijs	Clapham Chasers	0:17:14	(27)	1:08:11	(33)	0:35:39	(24)	2:01:04
27	MV	11	Adrian Brown	Steining AC	0:17:00	(23)	1:04:52	(24)	0:39:40	(37)	2:01:32
28	MV	12	Karl Golder	Portsmouth Triathletes	0:17:15	(28)	1:07:26	(31)	0:37:25	(30)	2:02:06
29	MV	13	John Bullard	Chichester Westgate Tri Club	0:17:30	(33)	1:02:01	(14)	0:42:45	(42)	2:02:16
30	M	16	Andy Joel	Unattached	0:16:58	(22)	1:10:00	(36)	0:35:27	(23)	2:02:25
31	M	17	Simon Flatau	Unattached	0:17:21	(32)	1:11:54	(41)	0:33:17	(15)	2:02:32
32	MV	14	Jonathan Woodier	Unattached	0:18:20	(45)	1:04:13	(22)	0:40:13	(38)	2:02:46
33	MV	15	Eddie Short	Unattached	0:18:00	(40)	1:06:06	(28)	0:38:54	(34)	2:03:00
34	MV	16	Raymond Roberts	Eton Tri	0:17:32	(34)	1:10:33	(38)	0:37:08	(29)	2:05:13
35	FV	1	Elaine Armour	Eton Triathlon	0:17:17	(29)	1:12:47	(42)	0:36:02	(26)	2:06:06
36	MV	17	Paul Kinsey	Portsmouth Triathletes	0:18:07	(42)	1:07:56	(32)	0:40:56	(40)	2:06:59
37	FV	2	Alison Ford	A3crg	0:18:06	(41)	1:09:52	(35)	0:39:29	(36)	2:07:27

38	MV	18	Christopher Lee	Steyning AC	0:17:45	(39)	1:11:25	(40)	0:38:25	(32)	2:07:35
39	MV	19	Stuart Wilson	Chichester westgate	0:17:10	(26)	1:09:23	(34)	0:41:17	(41)	2:07:50
40	MV	20	Mick Nielsen	Unattached	0:18:40	(46)	1:13:06	(43)	0:38:38	(33)	2:10:24
41	FV	3	Lindsay Bamford	Farnham triathlon club	0:17:43	(38)	1:13:34	(44)	0:39:20	(35)	2:10:37
42	MV	21	James Gairns	Unattached	0:18:17	(43)	1:10:32	(37)	0:42:56	(43)	2:11:45
43	M	18	Bartosz Zelazik	Unattached	0:16:11	(17)	1:10:40	(39)	0:45:27	(44)	2:12:18
44	F	2	Sarah Davies	Unattached	0:18:19	(44)	1:16:52	(48)	0:40:41	(39)	2:15:52
45	FV	4	Kim Lowe	Dorking AC	0:17:36	(37)	1:15:04	(46)	0:45:56	(45)	2:18:36
46	F	3	Sulette Klopper	Unattached	0:19:38	(47)	1:14:58	(45)	0:50:13	(46)	2:24:49
47	MV	22	David Wright	Portsmouth Triathletes	0:24:08	(48)	1:16:32	(47)	0:56:22	(47)	2:37:02
DNF	MV		Steve Hooley	Unattached	0:17:34	(36)	1:01:51	(13)	DNF	DNF	0:00:00