

SPRING DUATHLON 2012 LONG COURSE RESULTS

ORGANISED BY THE PORTSMOUTH TRIATHLETES

25TH MARCH 2012 4KM / 40KM / 8KM

Race Posn	Cat		Name	Team	Run 1		Bike		Run 2		Total Time
	Type	Pos.			Time	Pos	Time	Pos	Time	Pos	
1	MV	1	Colin Dixon	unattached	0:13:35	(1)	0:55:36	(1)	0:28:58	(1)	1:38:09
2	M	1	Andrew Garner	VO2 Maximum RT	0:15:38	(12)	1:00:08	(6)	0:31:49	(4)	1:47:35
3	MV	2	Richard Vaudin	Redmon CC	0:15:34	(10)	1:00:05	(5)	0:33:08	(10)	1:48:47
4	MV	3	Nigel Herron	Brighton Phoenix Tri	0:15:19	(7)	1:01:18	(10)	0:32:12	(7)	1:48:49
5	MSV	1	Malcolm Hughes	Brighton Phoenix Tri	0:15:18	(6)	1:00:20	(7)	0:33:17	(11)	1:48:55
6	MV	4	Kieron Batt	Sotonia Cycle Club	0:16:04	(21)	1:00:53	(8)	0:33:50	(14)	1:50:47
7	MSV	2	David Butt	Unattached	0:15:23	(8)	1:01:05	(9)	0:35:02	(18)	1:51:30
8	M	2	Fraser Dean	Tuff Fitty Tri	0:15:34	(10)	1:04:42	(17)	0:31:53	(5)	1:52:09
9	M	3	James Pennicott	Southdowns Harriers	0:14:44	(3)	1:07:37	(25)	0:32:10	(6)	1:54:31
10	MV	5	Stephen Hasler	Chichester Westgate Triathlon	0:15:26	(9)	1:04:01	(15)	0:35:08	(19)	1:54:35
11	M	4	Howard Bayley	Tuff Fitty	0:17:44	(45)	0:58:06	(3)	0:38:50	(34)	1:54:40
12	M	5	Enwezor Nzegwu	unattached	0:15:45	(14)	1:07:52	(27)	0:31:43	(3)	1:55:20
13	MV	6	Rory Murphy	David lloyd Port Solent Tri Club	0:15:09	(5)	1:07:31	(24)	0:33:22	(12)	1:56:02
14	M	6	Alex Bonzi	PHOENIX TRI	0:14:11	(2)	1:11:31	(41)	0:31:08	(2)	1:56:50
15	MV	7	John Bullard	Chi Westgate	0:17:10	(32)	0:58:07	(4)	0:41:43	(47)	1:57:00
16	M	7	Duncan Borthwick	Stubbington Green Runners & AC	0:15:59	(20)	1:07:43	(26)	0:33:59	(15)	1:57:41
17	MV	8	Steven Hawkswell	Portsmouth Triathletes	0:15:57	(19)	1:09:19	(34)	0:32:31	(8)	1:57:47
18	MV	9	Mark Capocci	Portsmouth Tri	0:17:07	(30)	1:03:29	(13)	0:37:21	(27)	1:57:57
19	MSV	3	Graham Parrett	Portsmouth Tri	0:16:22	(23)	1:08:32	(31)	0:33:28	(13)	1:58:22
20	M	8	James Woodward	Chichester Westgate Triathlon Club	0:16:20	(22)	1:06:02	(20)	0:37:18	(26)	1:59:40
21	M	9	Mark Williams	Crawley wheelers	0:17:09	(31)	1:03:32	(14)	0:39:19	(35)	2:00:00
22	M	10	Grant Day	Portsmouth Triathletes	0:16:29	(25)	1:10:23	(36)	0:34:20	(16)	2:01:12
23	MV	10	David Tibbals	Steyning AC	0:15:50	(16)	1:09:32	(35)	0:36:21	(21)	2:01:43
24	MV	11	Karl Golder	Portsmouth Tri	0:16:47	(26)	1:08:06	(29)	0:36:51	(24)	2:01:44
25	MV	12	Mark Greenfield	Fareham Crusaders	0:17:22	(37)	1:08:03	(28)	0:37:52	(30)	2:03:17
26	M	11	Paul Davies	Portsmouth triathletes	0:17:10	(32)	1:08:49	(32)	0:37:41	(29)	2:03:40
27	MV	13	John Helyer	David LLoyd	0:17:03	(29)	1:09:01	(33)	0:37:59	(31)	2:04:03
28	M	12	Scott Murray	unattached	0:17:35	(43)	1:06:40	(21)	0:39:53	(37)	2:04:08
29	F	1	Erica Martin	Brighton Phoenix Triathlon Club	0:15:40	(13)	1:14:02	(49)	0:34:44	(17)	2:04:26
30	MV	14	Kenny Quinnell	Swim 1st Triathlon Club	0:17:10	(32)	1:10:51	(37)	0:37:12	(25)	2:05:13
31	MV	15	Neil Melville-Rae	unattached	0:17:44	(45)	1:01:45	(11)	0:46:12	(57)	2:05:41
32	M	13	Peter Longworth	Swim 1st Triathlon	0:17:42	(44)	1:05:26	(19)	0:42:41	(49)	2:05:49
33	M	14	Michael Huckle	unattached	0:18:50	(55)	1:06:58	(23)	0:40:32	(42)	2:06:20

34	M	15	Simon Bembridge	unattached	0:17:27	(40)	1:12:36	(46)	0:36:39	(22)	2:06:42
35	M	16	Marc Cole	unattached	0:15:47	(15)	1:18:01	(61)	0:33:02	(9)	2:06:50
36	F	2	Faye Cripps	Southdown Bikes	0:15:53	(17)	1:15:04	(53)	0:35:57	(20)	2:06:54
37	M	17	Andrew Wilson	unattached	0:17:17	(35)	1:11:41	(42)	0:38:01	(33)	2:06:59
38	MV	16	Andy Maynard	Chichester Runners & AC	0:15:53	(17)	1:14:52	(52)	0:36:39	(23)	2:07:24
39	MV	17	Nick Sleep	Crystal Palace Triathletes	0:19:33	(57)	1:08:15	(30)	0:40:18	(40)	2:08:06
40	MV	18	Geoff Powell	Portsmouth Tri	0:17:19	(36)	1:11:52	(43)	0:39:54	(38)	2:09:05
41	MV	19	James Kent	unattached	0:17:22	(37)	1:11:17	(40)	0:40:38	(44)	2:09:17
42	M	18	Rupert Clifford-Brown	unattached	0:17:31	(42)	1:11:01	(38)	0:40:54	(45)	2:09:26
43	MSV	4	Peter Mahony	Portsmouth Tri	0:17:00	(28)	1:14:35	(50)	0:37:59	(32)	2:09:34
44	M	19	Andrew Dix	unattached	0:18:24	(49)	1:12:16	(44)	0:39:37	(36)	2:10:17
45	MV	20	John Crossman	Team Kennet	0:18:46	(53)	1:12:43	(47)	0:40:29	(41)	2:11:58
46	MV	21	Jim Herbert	David Lloyd	0:17:22	(37)	1:18:53	(64)	0:37:21	(28)	2:13:36
47	FV	1	Elisabeth Crossman	Team Kennet	0:18:40	(51)	1:15:14	(54)	0:40:12	(39)	2:14:06
48	M	20	Matthew Burgham	unattached	0:19:29	(56)	1:13:09	(48)	0:41:30	(46)	2:14:08
49	M	21	Grant Shoebridge	David lloyd Port Solent	0:18:18	(47)	1:14:48	(51)	0:42:32	(48)	2:15:38
50	MV	22	Jason Rae	David Lloyd Tri worthing	0:20:19	(61)	1:11:02	(39)	0:44:46	(54)	2:16:07
51	MV	23	Kieran Lewer	swim 1st triathlon club	0:18:46	(53)	1:16:43	(57)	0:43:30	(52)	2:18:59
52	M	22	Grant Mansfield	Swim-1st Triathlon Club	0:17:30	(41)	1:18:00	(60)	0:43:30	(51)	2:19:00
53	M	23	Adam Mitchell	unattached	0:18:21	(48)	1:18:51	(63)	0:42:45	(50)	2:19:57
54	MV	24	Trevor Percival	David Lloyd Port Solent	0:18:32	(50)	1:17:34	(58)	0:44:01	(53)	2:20:07
55	FV	2	Cathryn Walsh	Brighton Phoenix Tri	0:19:38	(58)	1:18:45	(62)	0:46:30	(58)	2:24:53
56	MSV	5	David Wright	Portsmouth Tri	0:22:15	(65)	1:15:16	(55)	0:47:33	(60)	2:25:04
57	MSV	6	Bob Thomas	Tuff Fitty Tri	0:19:42	(59)	1:15:31	(56)	0:50:02	(61)	2:25:15
58	M	24	Jonathan Lacey	SouthdownVelo	0:21:40	(64)	1:05:16	(18)	0:58:40	(63)	2:25:36
59	MV	25	Rob Wood	unattached	0:16:52	(27)	1:23:40	(66)	0:45:05	(56)	2:25:37
60	M	25	Rhys Evans	David Lloyd port Solent Tri club	0:20:36	(62)	1:17:36	(59)	0:47:26	(59)	2:25:38
61	M	26	Thomas Mcginley	Petersfield Triathlon Club	0:18:40	(51)	1:28:49	(68)	0:40:36	(43)	2:28:05
62	MSV	7	Andrew Cole	Unattached	0:19:42	(59)	1:28:21	(67)	0:44:47	(55)	2:32:50
63	MSV	8	Nick Bailey	Portsmouth Triathletes	0:21:37	(63)	1:22:23	(65)	0:51:44	(62)	2:35:44
	M		Leon Stapley	unattached	0:16:26	(24)	1:03:20	(12)	0:00:00		0:00:00
	M		Steven Ede	team ede	0:14:52	(4)	1:04:04	(16)	0:20:16	(1 lap)	1:39:12
	F		Samantha Moss	unattached	Late Start		0:58:01		DNF		23:41:58
	M		Jess Eacott	unattached	Late Start		1:06:56		0:22:45		1:29:41
	MV		David Rowley	unattached	Late Start		1:12:16		0:39:32		1:51:48