

SPRING DUATHLON 2012

SHORT COURSE

RESULTS

ORGANISED BY THE PORTSMOUTH
TRIATHLETES

25TH MARCH 2012 4KM / 24KM / 4KM

Race Posn	Cat		Name	Team	Run 1		Bike		Run 2		Total Time
	Type	Pos.			Time	Pos	Time	Pos	Time	Pos	
1	M	1	Gary Brind	Southdowns Bikes	0:14:24	(4)	0:34:30	(1)	0:15:30	(4)	1:04:24
2	MV	1	Julian Middlewick	David Lloyd Port Solent	0:13:47	(1)	0:36:17	(2)	0:15:31	(5)	1:05:35
3	M	2	Matt Jolly	Portsmouth Triathletes	0:14:27	(5)	0:38:49	(6)	0:14:38	(1)	1:07:54
4	MV	2	Andy Roberson	Chichester Westgate Tri	0:15:26	(9)	0:37:46	(4)	0:16:23	(8)	1:09:35
5	MV	3	Mike Pillans	Chichester Westgate Triathlon Club	0:14:13	(3)	0:39:42	(13)	0:15:50	(7)	1:09:45
6	M	3	Philip Standen	David Lloyd port solent tri club	0:16:02	(13)	0:36:43	(3)	0:17:33	(14)	1:10:18
7	MV	4	Ray Bashford	Tuff Fitty Tri	0:15:19	(8)	0:40:14	(17)	0:15:40	(6)	1:11:13
8	M	4	Matt Smith	City of Portsmouth AC	0:13:47	(1)	0:42:24	(28)	0:15:12	(2)	1:11:23
9	MV	5	Daniel Allaway	unattached	0:15:30	(10)	0:40:09	(16)	0:16:28	(9)	1:12:07
10	MV	6	Anthony Johns	Portsmouth Triathletes	0:16:06	(16)	0:39:01	(11)	0:17:22	(13)	1:12:29
11	M	5	Sam Pillans	Chichester Westgate Triathlon Club	0:15:15	(7)	0:40:51	(19)	0:16:38	(10)	1:12:44
12	MV	7	Stuart Wilson	Chichester Westgate Triathlon Club	0:16:27	(17)	0:39:00	(10)	0:18:01	(17)	1:13:28
13	MV	8	Paul Mccarthy	unattached	0:16:00	(12)	0:40:53	(20)	0:17:20	(12)	1:14:13
14	M	6	Jake Pillans	Chichester Westgate Triathlon Club	0:15:30	(10)	0:40:48	(18)	0:17:57	(16)	1:14:15
15	MSV	1	Dave Thompson	Portsmouth Triathletes	0:17:38	(26)	0:38:31	(5)	0:18:33	(22)	1:14:42
16	MSV	2	David Robbins	Petersfield Triathlon Club	0:17:38	(26)	0:38:55	(9)	0:18:21	(21)	1:14:54
17	M	7	James Bowen	unattached	0:14:50	(6)	0:45:08	(43)	0:15:30	(3)	1:15:28
18	FV	1	Helen Bullimore	InGear Quickvit Trainsharp	0:17:55	(35)	0:38:51	(7)	0:18:49	(27)	1:15:35
19	M	8	Toby Bigwood	Chichester Westgate Triathlon Club	0:16:02	(13)	0:41:32	(22)	0:18:08	(19)	1:15:42
20	MV	9	Steve Long	Unattached	0:17:51	(34)	0:39:50	(15)	0:18:02	(18)	1:15:43
21	MV	10	Bruce Humphries	Unattached	0:17:38	(26)	0:39:49	(14)	0:18:58	(28)	1:16:25
22	MV	11	Julian Elliman	unattached	0:16:02	(13)	0:43:51	(39)	0:17:07	(11)	1:17:00
23	M	9	Duncan House	Portsmouth Triathletes	0:17:20	(23)	0:42:21	(27)	0:19:02	(30)	1:18:43
24	M	10	Harry Pink	Chichester Westgate Tri	0:16:54	(18)	0:42:13	(26)	0:19:48	(35)	1:18:55
25	MSV	3	Mark Smith	Portsmouth Triathletes	0:17:48	(33)	0:41:56	(25)	0:19:20	(32)	1:19:04
26	MSV	4	Rob Hall	Petersfield Triathlon Club	0:17:13	(22)	0:43:29	(34)	0:18:35	(23)	1:19:17
27	FSV	1	Jane King	Tuff Fitty Tri	0:17:29	(24)	0:43:30	(35)	0:18:40	(24)	1:19:39
28	FV	2	Debbie Hallet	Portsmouth Triathletes	0:18:47	(47)	0:41:01	(21)	0:20:17	(38)	1:20:05
29	MV	12	Keithlyn Carty	unattached	0:18:20	(40)	0:43:04	(30)	0:18:43	(26)	1:20:07
30	M	11	Wesleigh Mulder	unattached	0:17:38	(26)	0:43:25	(33)	0:19:09	(31)	1:20:12
31	F	1	Anna Okrzesa	Unattached	0:17:38	(26)	0:44:55	(41)	0:18:10	(20)	1:20:43

32	M	12	Neil Ware	unattached	0:16:56	(19)	0:46:06	(52)	0:17:46	(15)	1:20:48
33	FV	3	Nicola Proudlock	Petersfield Triathlon Club	0:17:38	(26)	0:45:09	(44)	0:18:42	(25)	1:21:29
34	MSV	5	Martin Butcher	Tuff-fitty Tri Club	0:20:25	(73)	0:38:53	(8)	0:22:26	(66)	1:21:44
35	MV	13	Mark Sayers	unattached	0:17:46	(32)	0:43:42	(38)	0:20:25	(40)	1:21:53
36	MV	14	Steve Cooke	Southampton Triathlon Club	0:19:13	(53)	0:41:43	(23)	0:21:22	(57)	1:22:18
37	MV	15	Andrew Brenen	unattached	0:17:08	(21)	0:45:26	(47)	0:19:47	(34)	1:22:21
38	MSV	6	Michael Hill	unattached	0:17:01	(20)	0:46:46	(59)	0:19:02	(29)	1:22:49
39	M	13	Joseph Andrews	Chapel Tri	0:18:07	(38)	0:39:08	(12)	0:25:36	(89)	1:22:51
40	M	14	Martin White	unattached	0:18:09	(39)	0:45:03	(42)	0:20:00	(36)	1:23:12
41	F	2	Demelza Farrer	David Lloyd Ports Solent	0:19:52	(66)	0:41:54	(24)	0:22:02	(64)	1:23:48
42	MV	16	Kevin Ballard-Neal	Unattached	0:18:49	(48)	0:43:40	(37)	0:21:27	(58)	1:23:56
43	FV	4	Linda Cooper	Tuff Fitty Tri	0:19:28	(58)	0:44:28	(40)	0:20:31	(43)	1:24:27
44	F	3	Sarah Gardiner	Portsmouth Triathletes	0:17:33	(25)	0:47:32	(62)	0:19:34	(33)	1:24:39
45	MV	17	Nick Davies	unattached	0:17:59	(36)	0:46:38	(56)	0:20:05	(37)	1:24:42
46	MV	18	Lee Havey	unattached	0:18:52	(49)	0:45:40	(50)	0:20:35	(44)	1:25:07
47	F	4	Natalie-Louise Ridout	David Lloyd Port Solent	0:18:22	(43)	0:46:22	(54)	0:20:27	(42)	1:25:11
48	MV	19	Dean Sykes	Unattached	0:19:34	(60)	0:43:22	(32)	0:22:26	(66)	1:25:22
49	F	5	Nick Dennes	Farnham Tri Club	0:18:20	(40)	0:46:15	(53)	0:20:53	(49)	1:25:28
50	M	15	Jamie Jeyaratnam	unattached	0:17:59	(36)	0:45:46	(51)	0:21:50	(63)	1:25:35
51	MV	20	Lee Neale	Petersfield Tri Club	0:19:39	(61)	0:43:34	(36)	0:22:32	(68)	1:25:45
52	F	6	Renée Lamb	unattached	0:19:28	(58)	0:46:39	(57)	0:21:04	(52)	1:27:11
53	MV	21	Richard Yeomans	Unattached	0:19:15	(54)	0:47:29	(61)	0:20:41	(46)	1:27:25
54	MSV	7	Neil Sedgwick	unattached	0:18:20	(40)	0:48:28	(70)	0:20:49	(48)	1:27:37
55	M	16	Matt Smith	unattached	0:18:42	(46)	0:45:29	(48)	0:23:34	(77)	1:27:45
56	FV	5	Lisa Cochrane	David lloyds tri club port solent	0:20:53	(77)	0:45:17	(46)	0:22:15	(65)	1:28:25
57	F	7	Sarah Greenslade	unattached	0:19:55	(67)	0:47:59	(65)	0:20:41	(47)	1:28:35
58	MV	22	Jeff Sibson	Met Police Tri Club	0:18:38	(45)	0:48:52	(73)	0:21:06	(53)	1:28:36
59	M	17	Andrew Goldsmith	Unattached	0:20:38	(75)	0:43:02	(29)	0:25:05	(88)	1:28:45
60	F	8	Ursula Püntener	Southampton AC	0:19:43	(64)	0:48:00	(66)	0:21:15	(56)	1:28:58
61	FV	6	Sara Alford	david lloyd woking	0:20:03	(69)	0:48:43	(72)	0:20:25	(40)	1:29:11
62	MV	23	Roger Lightfoot	Lymington Triathlon Club	0:21:16	(82)	0:43:07	(31)	0:25:03	(87)	1:29:26
63	FSV	2	Vivien Geary	Denmead Striders	0:19:26	(57)	0:48:33	(71)	0:21:32	(60)	1:29:31
64	M	18	Kim Richmond	unattached	0:19:20	(56)	0:46:41	(58)	0:23:33	(76)	1:29:34
65	MV	24	Chris Avery	Unattached	0:20:49	(76)	0:45:10	(45)	0:23:49	(79)	1:29:48
66	MV	25	Cliff Marshall	Portsmouth Triathletes	0:19:39	(61)	0:47:43	(63)	0:22:53	(71)	1:30:15
67	FV	7	Lorraine Avery	Unattached	0:20:06	(70)	0:47:52	(64)	0:22:38	(69)	1:30:36
68	FSV	3	Janice White	Portsmouth Triathletes	0:20:13	(71)	0:48:59	(74)	0:21:29	(59)	1:30:41
69	F	9	Sandy Linnane	Unattached	0:19:55	(67)	0:49:07	(75)	0:21:44	(62)	1:30:46
70	FV	8	Rachel Stock	Petersfield Tri Club	0:21:04	(81)	0:45:35	(49)	0:24:59	(84)	1:31:38
71	M	19	Steve Norris	unattached	0:19:15	(54)	0:52:04	(83)	0:20:20	(39)	1:31:39
72	MV	26	Clifford Thomas	Tuff Fitty	0:22:07	(85)	0:46:36	(55)	0:22:58	(72)	1:31:41
73	F	10	Adrienne Corr	Portsmouth Triathletes	0:19:42	(63)	0:50:56	(80)	0:21:10	(55)	1:31:48
74	MV	27	Simon Roe	unattached	0:21:42	(84)	0:47:14	(60)	0:23:44	(78)	1:32:40
75	FV	9	Celia Edgington	unattached	0:20:34	(74)	0:49:30	(78)	0:22:46	(70)	1:32:50
76	MV	28	Michael Gray	Unattached	0:18:22	(43)	0:54:37	(88)	0:20:35	(44)	1:33:34
77	MV	29	Andrew Hardwick	Club Abbott	0:19:50	(65)	0:49:45	(79)	0:24:06	(80)	1:33:41
78	FV	10	Louise Lewer	swim 1st triathlon club	0:20:55	(78)	0:51:09	(81)	0:21:38	(61)	1:33:42
79	M	20	Michael Keane	unattached	0:21:19	(83)	0:49:15	(76)	0:23:20	(75)	1:33:54
80	F	11	Angela Morrison	Swim 1st Triathlon	0:20:57	(79)	0:48:18	(67)	0:24:41	(81)	1:33:56
81	M	21	Julian De Gabriele	unattached	0:19:06	(52)	0:53:48	(86)	0:23:09	(74)	1:36:03
82	FV	11	Claire Murphy	David lloyd port Solent Tri Club	0:20:19	(72)	0:52:41	(84)	0:23:09	(73)	1:36:09
83	M	22	Chris Madgwick	unattached	0:18:56	(50)	0:56:28	(91)	0:20:53	(49)	1:36:17
84	FSV	4	Janice Goble	Southampton	0:24:04	(92)	0:48:28	(69)	0:26:26	(92)	1:38:58
85	MV	30	Jason Browne	unattached	0:18:59	(51)	0:59:13	(93)	0:21:00	(51)	1:39:12
86	FV	12	Rhonda Mcneill	Portsmouth Triathletes	0:23:30	(89)	0:51:32	(82)	0:26:46	(93)	1:41:48

87	F	12	Sophie Creak	Chichester Westgate Triathlon Club	0:25:28	(95)	0:49:28	(77)	0:26:55	(94)	1:41:51
88	MV	31	Paul Alan David Blampied	Abbott Plodders	0:22:47	(86)	0:54:25	(87)	0:25:02	(86)	1:42:14
89	FSV	5	Cherry Key	unattached	0:21:00	(80)	1:00:26	(97)	0:21:07	(54)	1:42:33
90	FV	13	Samantha Yates	unattached	0:23:15	(88)	0:55:18	(89)	0:26:20	(90)	1:44:53
90	FV	14	Benita Milton	unattached	0:23:12	(87)	0:55:21	(90)	0:26:20	(90)	1:44:53
92	F	13	Nicola Roos	unattached	0:23:41	(91)	0:57:33	(92)	0:25:02	(85)	1:46:16
93	FV	15	Nadia Cadby	unattached	0:26:47	(97)	0:48:20	(68)	0:31:50	(96)	1:46:57
94	F	14	Rachel Hayward	Portsmouth Triathletes	0:25:47	(96)	0:53:18	(85)	0:29:08	(95)	1:48:13
95	F	15	Clare Gray	Portsmouth Triathletes	0:25:20	(94)	0:59:24	(94)	0:24:50	(83)	1:49:34
96	FV	16	Rachel Robinson	unattached	0:23:40	(90)	1:01:11	(98)	0:24:49	(82)	1:49:40
	FSV		Diana Clue	unattached	0:33:11	(98)	0:59:55	(96)	DNF		
	MV		Chris Robinson	unattached	0:25:02	(93)	0:59:51	(95)	DNF		